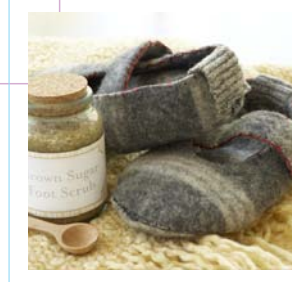


# Shopping List



## Homemade House Slippers

- 1 large 100% wool sweater, blanket, or coat
- High loft batting
- Needle (or sewing machine)
- Embroidery thread
- Pins

## Brown Sugar Foot Scrub

- ½ cup brown sugar
- ½ cup oatmeal
- ½ cup aloe vera
- 2 tsp honey
- 2 tsp lemon juice
- 2 tsp olive oil
- 3-5 drops essential oil in vanilla (available at most health food stores)
- Small glass jars, to hold your finished product

For easy clean-up:

- Swiffer® SweeperVac®



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